








# January 19 - 25, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<a href="#"><u>Chicken Stir Fry</u></a>	<a href="#"><u>Honey Mustard Pork Chop</u></a>	<a href="#"><u>Cheesy Taco Penne Ziti</u></a>	<a href="#"><u>Blackened Salmon</u></a>	<a href="#"><u>Tomato Bacon and Cabbage Sauté</u></a>	<a href="#"><u>Instant Pot Chicken Chili</u></a>	<a href="#"><u>Cajun Boiled Shrimp</u></a>

					<p>Don't have an instant pot? <a href="#"><u>We love this one!</u></a> #affiliate</p>	
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If the words are underlined above, they are a link... just click it to go to the recipe (or product).