








January 20-26, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><u>Easy Cheesy Hamburger Skillet</u></p>	 <p><u>Garden Fresh Minestrone and Roasted Red Pepper Quesadillas</u></p>	 <p><u>Sauteed Cabbage with Beef</u></p>	 <p><u>Mushroom Chicken with Sugar Snap Peas</u></p>	 <p><u>One Pot Creamy Tomato Basil Pasta</u></p>	 <p><u>Easy Shredded Chicken Sandwich</u></p>	 <p><u>Easy One Pot Spinach Parmesan Pasta</u></p>

Round out your meal with English peas and rolls.	This is a meatless meal option.				Bake some frozen French fries or heat up a can of green beans to go with your sandwiches.	
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